

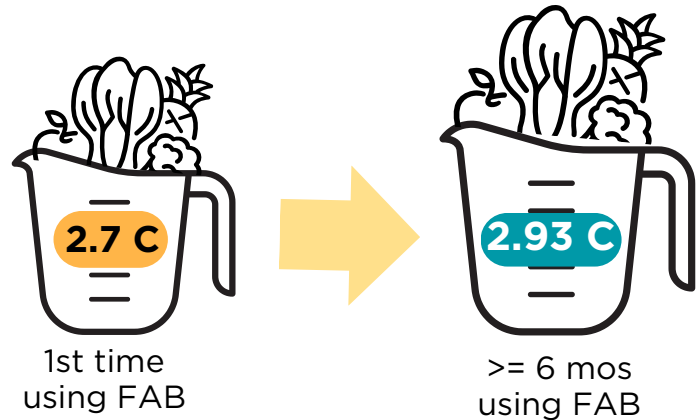


HEALTH BENEFITS OF NUTRITION INCENTIVES

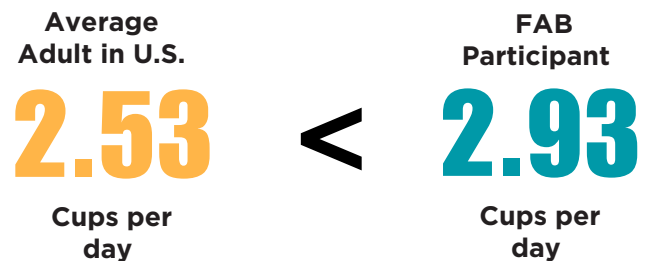
Feeding Florida's Fresh Access Bucks (FAB) program makes fresh, local produce affordable and accessible to food insecure and under-resourced Floridians through nutrition incentives and produce prescriptions.

INCREASED FRUIT AND VEGETABLE CONSUMPTION

FAB participants surveyed **ATE MORE FRUITS & VEGETABLES** per day



And they ate more than the average American.

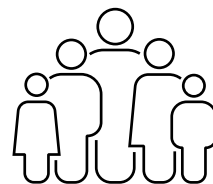


INCREASED FOOD SECURITY

44%

of FAB Participants Surveyed **reported as food secure**

after 6 months in the program, a 23% increase in food security since beginning FAB

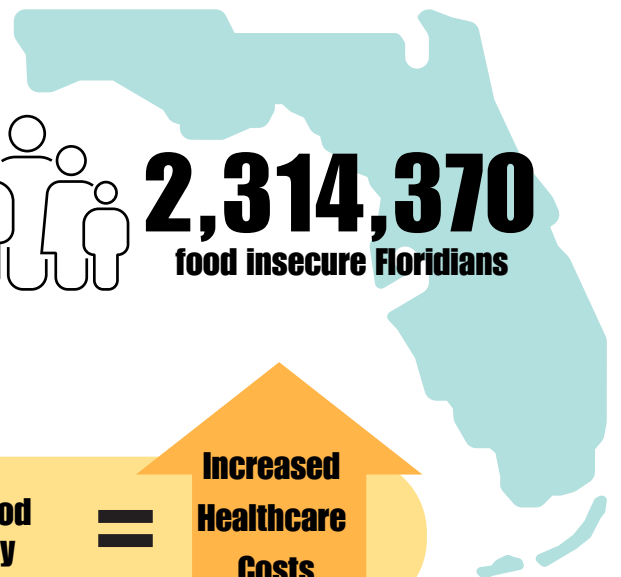


2,314,370
food insecure Floridians

Lower food security



Increased Healthcare Costs





Increased fruit & vegetable consumption reduces the risk of...

- cancer
- stroke
- coronary heart disease
- cardiovascular disease
- type 2 diabetes
- all-cause mortality



80%

of FAB Participants reported their health as: **Good, Very Good or Excellent** after **6+ months** in the program



FoodRX Program Participants Reported...

- 72% said food helped manage their health concerns
- Nearly 40% with Type 2 Diabetes saw a 10% improvement in their Hemoglobin A1c levels
- 50% experienced improvements in the quality of their diet and reduced consumption of high-fat food items
- 41% saw their BMI decrease by 5% within six months to a year
- About 50% of those with hypertension saw a reduction in blood pressure



“This program has impacted me so much in a very positive way. I have increased my fruit and veggie intake by over 65% ... it encourages healthier eating habits and is such a big help for people to stretch their SNAP benefits.”

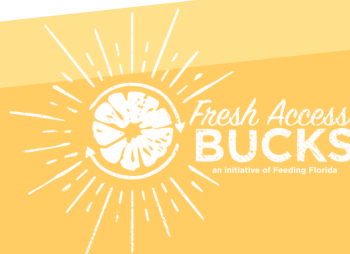
- FAB Customer at Hitchcock's Market



Estimated savings of...



in National Health Care Costs over 5 years through fruit & vegetable incentive programs



Florida's Food Bank Network